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“People who cover over their sins will not prosper. But if they confess and forsake them, they will receive mercy.” Proverbs 28:13

“But if we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong.” 1 John 1:9

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■ ■ **Next Step Today**

- Memorize Romans 12:19
- I choose today not to get back at: \_\_\_\_\_
- I will choose kind words rather than harsh words this week.
- Send me more info about serving at The Journey.



# 8

## NINE-PART 8 GENTLENESS

August 22nd, 2010  
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“But when the Holy Spirit controls our lives, he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.” Galatians 5:22-23

Gentleness	Power and strength under control	Harshness
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“Once more he asked them, “Whom are you searching for?” And again they replied, “Jesus of Nazareth.” “I told you that I am he,” Jesus said. “And since I am the one you want, let these others go.” He did this to fulfill his own statement: “I have not lost a single one of those you gave me.” Then Simon Peter drew a sword and slashed off the right ear of Malchus, the high priest’s servant. But Jesus said to Peter, “Put your sword back into its sheath. Shall I not drink from the cup the Father has given me?” So the soldiers, their commanding officer, and the Temple guards arrested Jesus and tied him up.” John 18: 7-12

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## TO CULTIVATE THE FRUIT OF GENTLENESS

### 1. \_\_\_\_\_ BY PUTTING THEIR NEEDS BEFORE MINE.

“For even I, the Son of Man, came here not to be served but to serve others, and to give my life as a ransom for many.” Matthew 20:28

“For you have been called to live in freedom -- not freedom to satisfy your sinful nature, but freedom to serve one another in love.” Galatians 5:13

### 2. \_\_\_\_\_ TO PROTECT OTHERS.

“Gentle words bring life and health; a deceitful tongue crushes the spirit.” Proverbs 15:4

“So also, the tongue is a small thing, but what enormous damage it can do. A tiny spark can set a great forest on fire.” James 3:5

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### 3. \_\_\_\_\_ INSTEAD OF BLAMING OTHERS.

“I pray that your love for each other will overflow more and more, and that you will keep on growing in your knowledge and understanding. For I want you to understand what really matters, so that you may live pure and blameless lives until Christ returns.” Philippians 1:9-10

“You should be known for the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God.” 1 Peter 3:4

### 4. \_\_\_\_\_ AND LEAVE IT UP TO GOD.

#### ■ ■ Memory Verse

Dear friends, never avenge yourselves. Leave that to God. For it is written, “I will take vengeance; I will repay those who deserve it,” says the Lord.

Romans 12:19

### 5. \_\_\_\_\_ AND ASK FOR FORGIVENESS.